

PALS Renewal Course Sample Agenda

(with optional lessons 4, 5, and 6)

12 Students

6:1 Student-Instructor Ratio for Each Station

2 PALS Instructors

(2 additional instructors needed for lesson 3)

8:25-8:35 **Start** – Welcome/Introductions
 8:35-8:50 **Lesson 1** – PALS Course Organization
 8:50-9:15 **Lesson 2** – Overview of PALS Science

<i>Divide Class Into 2 Groups</i>	<u>Lesson 3</u> CPR / AED Practice and Competency Testing	<u>Lesson 3</u> CPR / AED Practice and Competency Testing
9:15-10:15	Group 1	Group 2

10:15-10:30 **Break**

<i>Divide Class Into 2 Groups</i>	<u>Lesson 4</u> Mgt. of Respiratory Emergencies Skills Station	<u>Lesson 4</u> Mgt. of Respiratory Emergencies Skills Station
10:30-11:30	Group 1	Group 2

<i>Divide Class Into 2 Groups</i>	<u>Lesson 5</u> Rhythm Disturbances/Electrical Therapy Skills Station	<u>Lesson 6</u> Vascular Access Skills Station
11:30-12:00	Group 2	Group 1
12:00-12:30	Group 1	Group 2

One Large Group:

12:30-1:00 **Lunch**
 1:00-1:30 **Lesson 7** – Resuscitation Team Concept
 1:30-1:40 **Lesson 8** – Overview of Pediatric Assessment

<i>Divide Class Into 2 Groups</i>	<u>Lesson 9</u> Putting It All Together	<u>Lesson 9</u> Putting It All Together
1:40-2:40	Group 1	Group 2

2:40-2:55 **Break**

One Large Group:

2:55-3:00 **Lesson 10** – Course Summary and Testing Details

One Large Group:

3:00-4:00 **Lesson 11** – PALS Written Test

<i>Divide Class Into 2 Groups</i>	<u>Lesson 12</u> Core Case Test Cardiac Cases 1 – 4	<u>Lesson 13</u> Core Case Test Respiratory Cases 1 – 4 Shock Cases 1 – 4
4:00-5:00	Group 1	Group 2
5:00-6:00	Group 2	Group 1

6:00 Course Ends
 6:00 PALS Remediation

PALS Renewal Course Sample Agenda (without optional lessons)

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<i>Divide Class Into 2 Groups</i>	<u>Lesson 3</u> CPR / AED Practice and Competency Testing	<u>Lesson 3</u> CPR / AED Practice and Competency Testing
9:15-10:15	Group 1	Group 2

10:15-10:30 **Break**

(Lessons 4, 5, 6 are optional and not in this agenda)

One Large Group:

10:30-11:00 **Lesson 7** – Resuscitation Team Concept

11:00-11:10 **Lesson 8** – Overview of Pediatric Assessment

<i>Divide Class Into 2 Groups</i>	<u>Lesson 9</u> Putting It All Together	<u>Lesson 9</u> Putting It All Together
11:10-12:10	Group 1	Group 2

One Large Group:

12:10-12:15 **Lesson 10** – Course Summary and Testing Details

12:15-12:45 **Lunch**

One Large Group:

12:45-1:45 **Lesson 11** – PALS Written Test

<i>Divide Class Into 2 Groups</i>	<u>Lesson 12</u> Core Case Test Cardiac Cases 1 – 4	<u>Lesson 13</u> Core Case Test Respiratory Cases 1 – 4 Shock Cases 1 – 4
1:45-2:45	Group 1	Group 2
2:45-3:45	Group 2	Group 1

3:45 Course Ends
3:45 PALS Remediation